

TEAM Student Growth Portfolio Rubric

Sixth - Eighth Grade Physical Education

The recommended method of viewing scoring rubrics is within the TEAM Portfolio online system.

**Levels 6 and 7 should only be used for student work that is rated at an advanced level at point A as developmentally appropriate.

A. Backhand Striking

Student performs four backhand strokes from 15 feet.

- 1) Ball is contacted at or just below waist level on the backhand side (non-dominant)
- 2) Steps into the swing OR shifts weight from back foot to dominant foot
- 3) Student maintains closed position (side to target) throughout stroke
- 4) Follow through at or beyond shoulder height *Usually is defined as 3 of the 4 tries.

1	2	3	4	5	6**	7**
Two or fewer	Three or four	Three or four	Three or four	All four strikes	Demonstrates one	Demonstrates two
balls are hit over	balls are hit	balls are hit	balls are hit	go over the	level of growth	levels of growth
the net.	over the net.	over the net.	over the net.	net.	from the Level 5	from the Level 5
					criteria descriptor	criteria descriptor
OR	AND	AND	AND	AND	for this particular	for this particular
					grade- or course-	grade- or course-
One of the four	Two of the	Three of the	All four critical	All four	level expectation.	level expectation.
critical elements	four critical	four critical	elements are	attempts		
are usually*	elements are	elements are	usually*	demonstrated		
demonstrated.	usually*	usually*	demonstrated.	all four critical		
	demonstrated.	demonstrated.		elements.		

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B. Underhand Serve

Student performs one underhand serve.

Critical Elements:

- 1) Preparation (shoulders square, striking object across body and aligned with dominate foot)
- 2) Coordinated serving motion: back and forward hand/racket swing where opposite foot step occurs simultaneous to the forward swing motion or student starts with

opposite foot forward and demonstrates an obvious weight transfer/extended step forward

- 3) Contact flat service of the striking object or hand (base of palm)
- 4) Contact with object is made below chest height
- 5) Follow through at or near shoulder height

1	2	3	4	5	6**	7**
Student does not underhand serve or demonstrates one or fewer of the 5 critical elements.	Student demonstrates two of the five critical elements.	Student demonstrates three of the five critical element.	Student demonstrates four of the five critical elements.	Student demonstrates ALL five critical elements.	Demonstrates one level of growth from the Level 5 criteria descriptor for this particular grade- or course-level expectation.	Demonstrates two levels of growth from the Level 5 criteria descriptor for this particular grade- or course- level expectation.

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C. Advanced Dribbling

Student demonstrates advanced dribbling techniques on a course.

- 1) Demonstrates obvious contrast in speeds (jog & sprint)
- 2) Relationship of body and object (basketball is at or below chest level; hockey ball/puck or soccer ball is in front and leads stick or body by at least one step)
- 3) Head facing forward most of the time (only occasional glances at ball/puck)
- 4) Body is lowered during cuts around markers

1	2	3	4	5	6**	7**
Student loses	Student	Student	Student	Student	Demonstrates one	Demonstrates two
possession of	maintains	maintains	maintains	maintains	level of growth	levels of growth
the ball/puck	possession.	possession.	possession.	possession.	from the Level 5	from the Level 5
before					criteria descriptor	criteria descriptor
completing the	AND	AND	AND	AND	for this particular	for this particular
course.					grade- or course-	grade- or course-
	Demonstrates	Demonstrates	Demonstrates	Demonstrates	level expectation.	level expectation.
OR	two of the	three of the	four of the four	four of the four		
NA - in A - in -	four critical	four critical	critical	critical		
Maintains	elements.	elements.	elements.	elements.		
possession.				AND		
AND				AND		
AND				Keeps the		
Demonstrates				ball/puck on		
one or fewer of				the outside of		
the critical				the cone (body		
elements.				between		
				ball/puck and		
				cone).		
				,		

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D. Catching on the Move

Student, while on the move, attempts to catch four well-thrown balls.

- 1) Student shows target of "lead hand" while moving
- 2) Extend arms/hands out to ball
- 3) Catch with hands only
- 4) Student catches in stride (takes one or more steps after catch) *Usually is defined as 3 of the 4 tries.

1	2	3	4	5	6**	7**
Student catches	Student	Student catches	Student	Student catches	Demonstrates	Demonstrates two
two or	catches three	three or four	catches three	all four balls.	one level of	levels of growth
fewer balls.	or four balls.	balls.	or four balls.		growth from the	from the Level 5
				AND	Level 5 criteria	criteria descriptor
OR	AND	AND	AND		descriptor for this	for this particular
				Always	particular grade-	grade- or course-
	Usually*	Usually*	Usually*	demonstrates	or course-level	level expectation.
Usually*	demonstrates	demonstrates	demonstrates	four of the four	expectation.	
demonstrates	two of the	three of the four	four of the	critical		
fewer	four critical	critical	four critical	elements.		
than two critical	elements.	elements.	elements.			
elements.						

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E. Forehand and Backhand Striking

Alternating between a forehand and backhand striking pattern, the student uses a paddle to strike a ball for four hits.

1	2	3	4	5	6**	7**
Student hits zero	Student hits	Student hits	Student hits	Student hits	Demonstrates	Demonstrates two
or one balls over	two of four	three of four	four of four	four of four balls	one level of	levels of growth from
the net.	balls over	balls over the	balls over the	over the net.	growth from the	the Level 5 criteria
	the net.	net.	net.		Level 5 criteria	descriptor for this
				AND	descriptor for this	particular grade- or
	AND	AND	AND		particular grade-	course-level
				Four of four in	or course-level	expectation.
	One in four	Two of four in	Three of four	the boundaries.	expectation.	
	in the	the boundaries.	in the			
	boundaries.		boundaries.			

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F. Underhand Serve for Accuracy

Student makes four attempts to "legally" serve with accuracy.

1	2	3	4	5	6**	7**
Student	Student	Student	Student	Student	Demonstrates	Demonstrates two
executes a legal	executes a	executes a	executes a	executes a	one level of	levels of growth from
serve on fewer	legal serve	legal serve with	legal serve	legal serve with	growth from the	the Level 5 criteria
than three	on three or	three or more	with four of	four of four balls	Level 5 criteria	descriptor for this
attempts.	more	balls over the	four balls over	over the net.	descriptor for this	particular grade- or
	attempts.	net.	the net.		particular grade-	course-level
				AND	or course-level	expectation.
	AND	AND	AND		expectation.	
				Four of four are		
	Two of four	Three of four	Three of four	within the target		
	are within	are within the	are within the	zone.		
	the target	target zone.	target zone.			
	zone.					

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G. Advanced Dribbling Against a Passive Defender

Student attempts to dribble at a jogging speed against a passive defender using both dominant and non-dominant sides, while keeping control of the object and changing directions.

- 1) Crossover at each cone with continuous dribble
- 2) Uses body to shield the ball from defender
- 3) Lowers body during cuts
- 4) Head facing forward between cuts
- 5) Increases speed after cut

1	2	3	4	5	6**	7**
Student loses	Student	Student	Student	Student maintains	Demonstrates	Demonstrates
possession of	maintains	maintains	maintains	possession.	one level of	two levels of
the object	possession.	possession.	possession.		growth from	growth from
before				AND	the Level 5	the Level 5
completing	AND	AND	AND		criteria	criteria
the course.				Demonstrates five of the five	descriptor for	descriptor for
	Demonstrates	Demonstrates	Demonstrates	critical elements.	this particular	this particular
OR	three of the	four of the five	five of the five		grade- or	grade- or
	five critical	critical elements.	critical	AND	course-level	course-level
Maintains	elements.		elements.		expectation.	expectation.
possession				Includes at least two		
and				incidences of higher level		
demonstrates				dribbling techniques (i.e.,		
two or fewer				reverse moves, spin moves,		
of the critical				between the legs, behind the		
elements.				back). The same technique		
				can be duplicated.		

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H. Passing

Student will attempt to receive and quickly make lead passes to other students on the move.

- 1) Receives initial throw and progresses into pass motion without obvious hesitation
- 2) Times the pass to be received on or within one step of the route marker
- 3) Places pass at or near chest height of receiver
- 4) Lead placement of pass allows the receiver to gain possession in stride or receive the ball/puck and move into a dribble *Usually is defined as 3 of the 4 tries.

1	2	3	4	5	6**	7**
Student	Student executes	Student	Student	Student executes a	Demonstrates	Demonstrates
executes a	a receivable lead	executes a	executes a	receivable lead pass	one level of	two levels of
receivable	pass on two of	receivable lead	receivable	on four of four routes.	growth from	growth from the
lead pass on	four routes.	pass on three of	lead pass on		the Level 5	Level 5 criteria
one or fewer		four routes.	three of four	AND	criteria	descriptor for this
of four	AND		routes.		descriptor for	particular grade-
routes.		AND		Always demonstrates	this particular	or course-level
	Usually*		AND	four of the four critical	grade- or	expectation.
AND	demonstrates two	Usually*		elements.	course-level	
	of the four critical	demonstrates	Usually*		expectation.	
Usually*	elements.	three of the four	demonstrates			
demonstrates		critical elements.	four of the			
one of the			four critical			
four critical			elements.			
elements.						