**Sample Score Sheet:** *Second Grade, Perform, Locomotor Skills*

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| **Point A Assessment** | | | | | | | | | | **Point B Assessment** | | | | | | | |
| **Student Name** | **Group** | **Number** | **HOP**  \*Forward  \*One foot  \*Leg Bent  \*Airborne | | **GALLOP**  \*Forward & rhythmical  \*Lead leg  \*Hips Forward  \*Momentarily airborne | **SKIP**  \*Forward & rhythmical  \*Step/hop  \*Alternates feet  \*Momentarily airborne | | **SLIDE**  \*Sideways & rhythmical  \*Lead leg close  \*Hips forward  \*Faces direction of travel  \*Momentarily airborne | **Overall** | **HOP**  \*Forward  \*One foot  \*Leg Bent  \*Airborne | | **GALLOP**  \*Forward & rhythmical  \*Lead leg  \*Hips Forward  \*Momentarily airborne | **SKIP**  \*Forward & rhythmical  \*Step/hop  \*Alternates feet  \*Momentarily airborne | | **SLIDE**  \*Sideways & rhythmical  \*Lead leg close  \*Hips forward  \*Faces direction of travel  \*Momentarily airborne | **Overall** | **Growth** |
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| **5**: Mature pattern of all four skills with fluid motion | | | | **4**: Mature pattern of all four skills | | | **3**: Mature pattern of three skills | | | | **2**: Mature pattern of two skills | | | **1:** Mature pattern of one or fewer skills | | | |

**Sample Score Sheet:** *Second Grade, Perform, Underhand Throw*

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| **Point A Assessment** | | | | | | | | | | | **Point B Assessment** | | | | | | | | |
| **Student Name** | **Group** | **Number** | 3 of 4 did not reach target **OR** underhand throw pattern not used | | Faces the target in prep for throwing action | Arm back past the hip to start the throwing action | Steps with opposition at the same time the throwing arm moves forward | | Follows through toward intended target | **Overall** | 3 of 4 did not reach target **OR** underhand throw pattern not used | | Faces the target in prep for throwing action | Arm back past the hip to start the throwing action | Steps with opposition at the same time the throwing arm moves forward | | Follows through toward intended target | **Overall** | **Growth** |
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| **5**: **ALL 4** throws reached target, **ALL 4** throws used **ALL 4** critical elements | | | | **4**: **ALL 4** throws reached target, 3 of 4 throws used **ALL 4** critical elements | | | | **3**: 3 of 4 throws reached target, 3 of 4 throws used three critical elements | | | | **2:** 3 of 4 throws reached target, 3 of 4 throws used two critical elements | | | | **1:** 3 of 4 throws did not reach target and underhand throw pattern was not used | | | |

**Sample Score Sheet:** *Fifth Grade, Perform, Overhand Throw*

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| **Point A Assessment** | | | | | | | | | | | | | **Point B Assessment** | | | | | | | |
| **Student Name** | | **Group** | **Number** | Did not use overhand throw pattern | | Hip/spine rotation resulting in side to target | Arm back, elbow at shoulder height | Steps with opposition as throwing | Elbow leads | Follows through | | **Overall** | Did not use overhand  throw pattern | Hip/spine rotation  resulting in side to target | Arm back, elbow at  shoulder height | Steps with opposition as  throwing | Elbow leads | Follows through | **Overall** | **Growth** |
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| **5**: Catches self-thrown ball, uses overhand throw, AND uses all five critical elements | **4**: Catches self-thrown ball, uses overhand throw, AND uses four critical elements | | | | **3**: Catches self-thrown ball, uses overhand throw, AND uses three critical elements | | | | | | **2:** Catches self-thrown ball, uses overhand throw, AND uses two critical elements | | | | | **1:** Does not use overhand throw | | | | |

**Sample Score Sheet:** *Fifth Grade, Perform, Forehand Striking*

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| **Point A Assessment** | | | | | | | | | | | | | **Point B Assessment** | | | | | | | | |
| **Student Name** | | **Group** | **Number** | Does not rally 4x OR does not use forehand 3 of 4 | | Racket back, side to target | Ball contact at/below waist | Maintains adequate swing distance | Steps into swing OR shifts weight | | Swings low to high | **Overall** | Does not rally 4x OR does not use forehand 3 of 4 | Racket back, side to target | Ball contact at/below waist | | Maintains adequate swing distance | Steps into swing OR shifts weight | Swings low to high | **Overall** | **Growth** |
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| **5:** Uses forehand stroke and rally for four consecutive hits AND demonstrates all five critical elements on all four attempts | **4:** Uses forehand stroke and rally for four consecutive hits AND demonstrates all five critical elements on three of the four attempts | | | | **3:** Uses forehand stroke and rally for four consecutive hits AND demonstrates three or four of the five critical elements on three of the four attempts | | | | | **2:** Uses forehand stroke and rally for four consecutive hits AND demonstrates one or two of the five critical elements on three of the four attempts | | | | | | **1:** Does not rally for four consecutive hits OR does not use the forehand striking pattern on three or more of the attempts | | | | | |