



TEAM
Student Growth Portfolio
Rubric
Kindergarten-Second Grade
Physical Education

Physical Education Elementary K-2 (Perform)

The recommended method of viewing scoring rubrics is within the TEAM Portfolio online system.
****Levels 6 and 7 should only be used for student work that is rated at an advanced level at point A as developmentally appropriate.**

A. Locomotor skills

Student performs the four locomotor skills (hop, gallop, skip, and slide) for approximately 15 seconds.

Description of the rubric:

Hop:

- 1) Travels in a forward direction
- 2) Takes off on one foot and lands on the same foot
- 3) Knee of non-landing leg is bent
- 4) Momentarily airborne

Gallop:

- 1) Travels in a forward direction with smooth, rhythmical action on the balls of the feet
- 2) Demonstrates lead leg step-close action without crossover
- 3) Hips (torso) facing forward in direction of travel
- 4) Momentarily airborne (no foot drag)

Skip:

- 1) Travels in a forward direction with smooth, rhythmical action
- 2) Step taken followed by a short hop with a knee lift
- 3) Alternates feet
- 4) Momentarily airborne

Slide:

- 1) Travels in a sideways direction with a smooth, rhythmical action on the balls of the feet
- 2) Demonstrates lead leg step-close action without crossover
- 3) Hips (torso) facing forward while side clearly faces direction of travel
- 4) Momentarily airborne (no foot drag)

1	2	3	4	5	6**	7**
Demonstrates mature pattern* of <u>one or fewer skills</u> for 10 of the 15 seconds.	Demonstrates mature pattern* of <u>two</u> skills for 10 of the 15 seconds.	Demonstrates mature pattern* of <u>three</u> skills for 10 of the 15 seconds.	Demonstrates mature pattern* of <u>four</u> skills for 10 of the 15 seconds.	Demonstrates mature pattern* of <u>all four</u> skills for 15 seconds with <u>fluid motion (graceful and flowing)</u> .	Demonstrates one level of growth from the Level 5 criteria descriptor for this particular grade- or course-level expectation.	Demonstrates two levels of growth from the Level 5 criteria descriptor for this particular grade- or course-level expectation.

Physical Education Elementary K-2 (Perform)

The recommended method of viewing scoring rubrics is within the TEAM Portfolio online system.
****Levels 6 and 7 should only be used for student work that is rated at an advanced level at point A as developmentally appropriate.**

B. Underhand Throw

Student performs four underhand throws of 15 feet.

Critical Elements:

Underhand Throw

- 1) Faces the target in preparation for the throwing action
- 2) Arm back past the hip to start the throwing action
- 3) Steps with opposing at the same time the throwing arm moves forward
- 4) Follows through toward intended direction of travel

1	2	3	4	5	6**	7**
Three or four of the four throws are not thrown with adequate force to travel the distance OR An underhand throw pattern is not used.	At least three of the four underhand throws are thrown with adequate force to reach the distance AND At least three of the four underhand throws demonstrate two of the four critical elements* of a mature pattern.	All four underhand throws are thrown with adequate force to reach the distance AND At least three of the four underhand throws demonstrate three of the four critical elements* of a mature pattern.	All four underhand throws are thrown with adequate force to reach the distance AND At least three of the four underhand throws demonstrate all four critical elements* of a mature pattern.	All four underhand throws are thrown with adequate force to reach the distance AND All four underhand throws demonstrate all four critical elements* of a mature pattern.	Demonstrates one level of growth from the Level 5 criteria descriptor for this particular grade- or course-level expectation.	Demonstrates two levels of growth from the Level 5 criteria descriptor for this particular grade- or course-level expectation.

Physical Education Elementary K-2 (Perform)

**The recommended method of viewing scoring rubrics is within the TEAM Portfolio online system.
 Levels 6 and 7 should only be used for student work that is rated at an advanced level at point A as developmentally appropriate.

C. Underhand Catch

Student catches four well thrown ball from a skilled thrower.

Critical Elements:

Underhand Catch

- 1) Extend arms or hands out to ball
- 2) Hands are positioned with palms up and thumbs out
- 3) Catch with hands only
- 4) Absorb catch on contact (either hands relax, elbows bend, or pulls it in)

1	2	3	4	5	6**	7**
Two or more of the four are not caught OR An underhand catch pattern is not used.	Three or four of the four are caught AND At least three of the four underhand catches demonstrate two of the four critical elements* of a mature pattern.	Three or four of the four are caught AND At least three of the four underhand catches demonstrate three of the four critical elements* of a mature pattern.	All four are caught AND At least three of the four underhand catches demonstrate all four critical elements* of a mature pattern.	All four underhand throws are thrown with adequate force to reach the distance AND All four underhand throws demonstrate all four critical elements* of a mature pattern.	Demonstrates one level of growth from the Level 5 criteria descriptor for this particular grade- or course-level expectation.	Demonstrates two levels of growth from the Level 5 criteria descriptor for this particular grade- or course-level expectation.

Physical Education Elementary K-2 (Perform)

**The recommended method of viewing scoring rubrics is within the TEAM Portfolio online system.
 Levels 6 and 7 should only be used for student work that is rated at an advanced level at point A as developmentally appropriate.

D. Kicking with Running Approach

Student kicks four stationary balls into the air from a three step or more running approach.

Critical Elements:

Kicking with a running approach:

- 1) Contact ball with top of foot (shoelaces)
- 2) Contact with ball is made directly below center of ball
- 3) Slight backwards lean of trunk
- 4) Follows through toward target and extended upward

1	2	3	4	5	6**	7**
Two or more of the four attempts do not go airborne OR Student does not use at least a three step running approach on two or more of the four attempts.	Three or four of the four attempts include a running approach and are airborne AND At least three of the airborne kicks demonstrate two of the four critical elements* of a mature pattern.	Three or four of the four attempts include a running approach and are airborne AND At least three of the airborne kicks demonstrate three of the four critical elements* of a mature pattern.	All four of the four attempts include a running approach and are airborne AND At least three of the airborne kicks demonstrate all four critical elements* of a mature pattern.	All four of the four attempts include a running approach and are airborne AND All four of the airborne kicks demonstrate all four critical elements* of a mature pattern.	Demonstrates one level of growth from the Level 5 criteria descriptor for this particular grade- or course-level expectation.	Demonstrates two levels of growth from the Level 5 criteria descriptor for this particular grade- or course-level expectation.

Physical Education Elementary K-2 (Perform)

**The recommended method of viewing scoring rubrics is within the TEAM Portfolio online system.
 Levels 6 and 7 should only be used for student work that is rated at an advanced level at point A as developmentally appropriate.

E. Dribbling with Hands

Student dribbles in self-space with preferred hand for 20 consecutive seconds.

- Critical Elements:
 Dribbling with Hands
 1) Opposite foot forward
 2) Knees slightly bent
 3) Contacts with finger pads only
 4) Height of bounce maintained at or near waist level

1	2	3	4	5	6**	7**
Student does not maintain dribble for full 20 consecutive seconds OR Student does not stay in self-space.	Student dribbles for 20 consecutive seconds AND Demonstrates one or two of the four critical elements* of a mature pattern.	Student dribbles for consecutive 20 seconds AND Demonstrates three of the four critical elements* of a mature pattern.	Student dribbles for 20 consecutive seconds AND Demonstrates all four critical elements* of a mature pattern.	Student dribbles for 20 consecutive seconds AND Eyes are looking forward, not at the ball AND Demonstrates all four critical elements* of a mature pattern.	Demonstrates one level of growth from the Level 5 criteria descriptor for this particular grade- or course-level expectation.	Demonstrates two levels of growth from the Level 5 criteria descriptor for this particular grade- or course-level expectation.

Physical Education Elementary K-2 (Perform)

**The recommended method of viewing scoring rubrics is within the TEAM Portfolio online system.
 Levels 6 and 7 should only be used for student work that is rated at an advanced level at point A as developmentally appropriate.

F. Balance Skills

Student performs four teacher of or student create balances on four different bases of support.

1	2	3	4	5	6**	7**
Student does not perform four different balances on four different bases of support	All balances are performed at the same level (either medium or low) OR Stillness (balance held completely still for at least three consecutive seconds) is evident in only one balance.	There is at least one change of level (medium and low) AND Stillness (balance held completely still for at least three consecutive seconds) is evident in only two balances.	There is at least one change of level (medium and low) AND Stillness (balance held completely still for at least three consecutive seconds) is evident in only three balances.	There is at least one change of level (medium and low) AND Stillness (balance held completely still for at least three consecutive seconds) is evident in all four balances	Demonstrates one level of growth from the Level 5 criteria descriptor for this particular grade- or course-level expectation.	Demonstrates two levels of growth from the Level 5 criteria descriptor for this particular grade- or course-level expectation.

Physical Education Elementary K-2 (Perform)

The recommended method of viewing scoring rubrics is within the TEAM Portfolio online system. **Levels 6 and 7 should only be used for student work that is rated at an advanced level at point A as developmentally appropriate.

G. Jump Rope Skills

Student performs four different jump rope skills for 8 consecutive jumps in two attempts. The student is to stop or pause between each skill.

1	2	3	4	5	6**	7**
Student does not perform four different self-turned jump rope skills OR One or more of the four required skills does not include a jump.	Performs four different self-turned jump rope skills AND After two attempts, performs only one or two of the four skills for 8 consecutive jumps each.	Performs four different self-turned jump rope skills AND After two attempts, performs three of the four skills for 8 consecutive jumps each.	Performs four different self-turned jump rope skills AND After two attempts, performs all four skills for 8 consecutive jumps each.	Performs four different self-turned, jump rope skills AND Needs only one attempt to perform all four skills for 8 consecutive jumps each.	Demonstrates one level of growth from the Level 5 criteria descriptor for this particular grade- or course-level expectation.	Demonstrates two levels of growth from the Level 5 criteria descriptor for this particular grade- or course-level expectation.