

Guide: How to Record Videos in .MP4 Format on Your iPhone

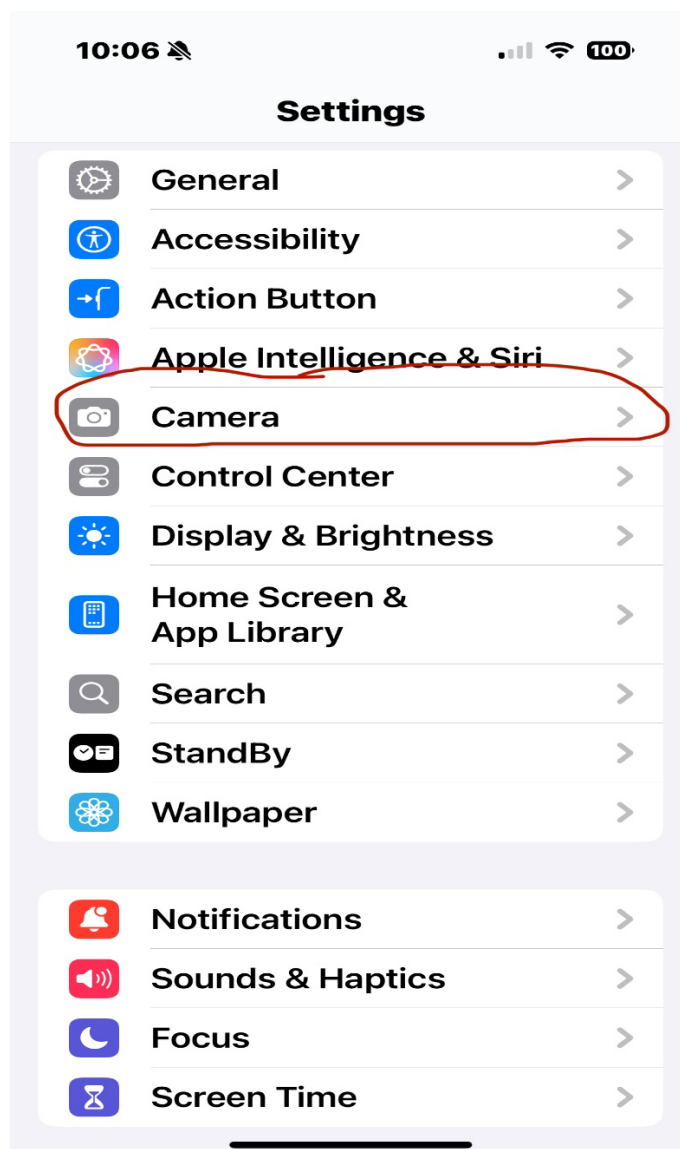
Large .mov files (800MB–1GB) from iPhones can slow down our video conversion process. To help speed things up, we recommend users changing their iPhone's video recording format to .mp4 by setting it to "Most Compatible".

Important: Make this change *before* recording your videos to get the benefits.

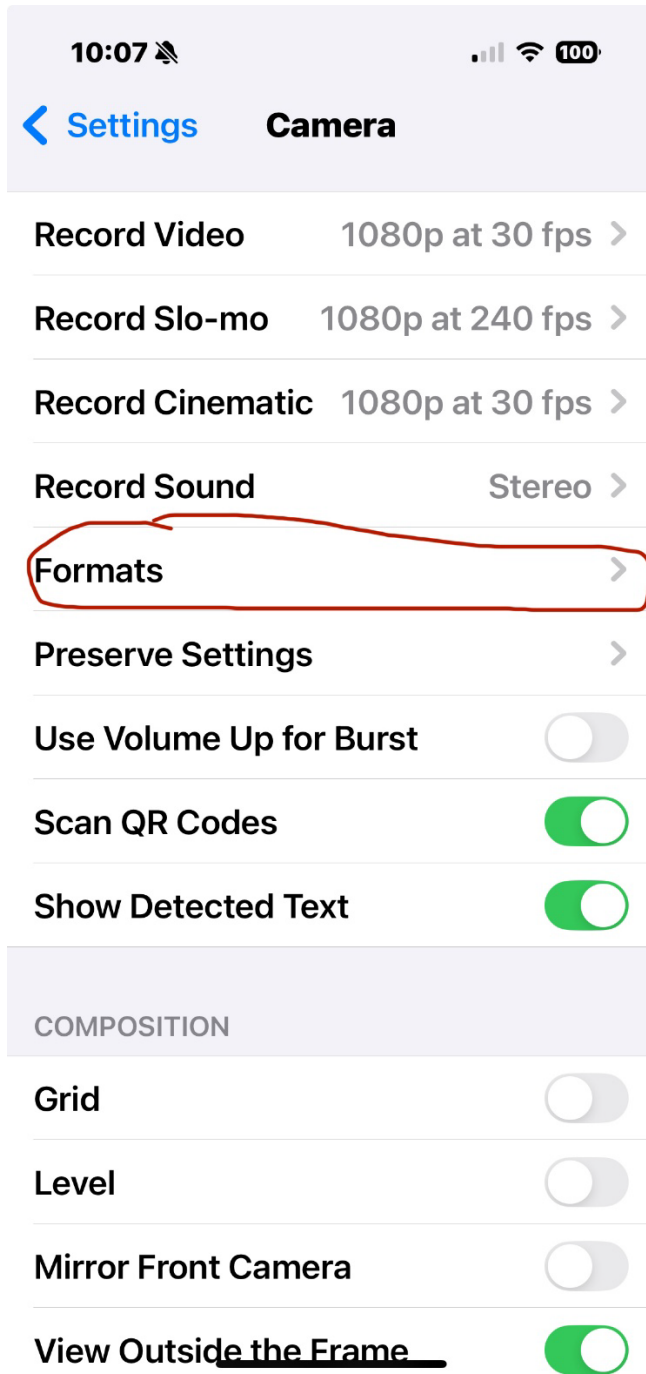
Follow these steps to make the change:

Step-by-Step Instructions

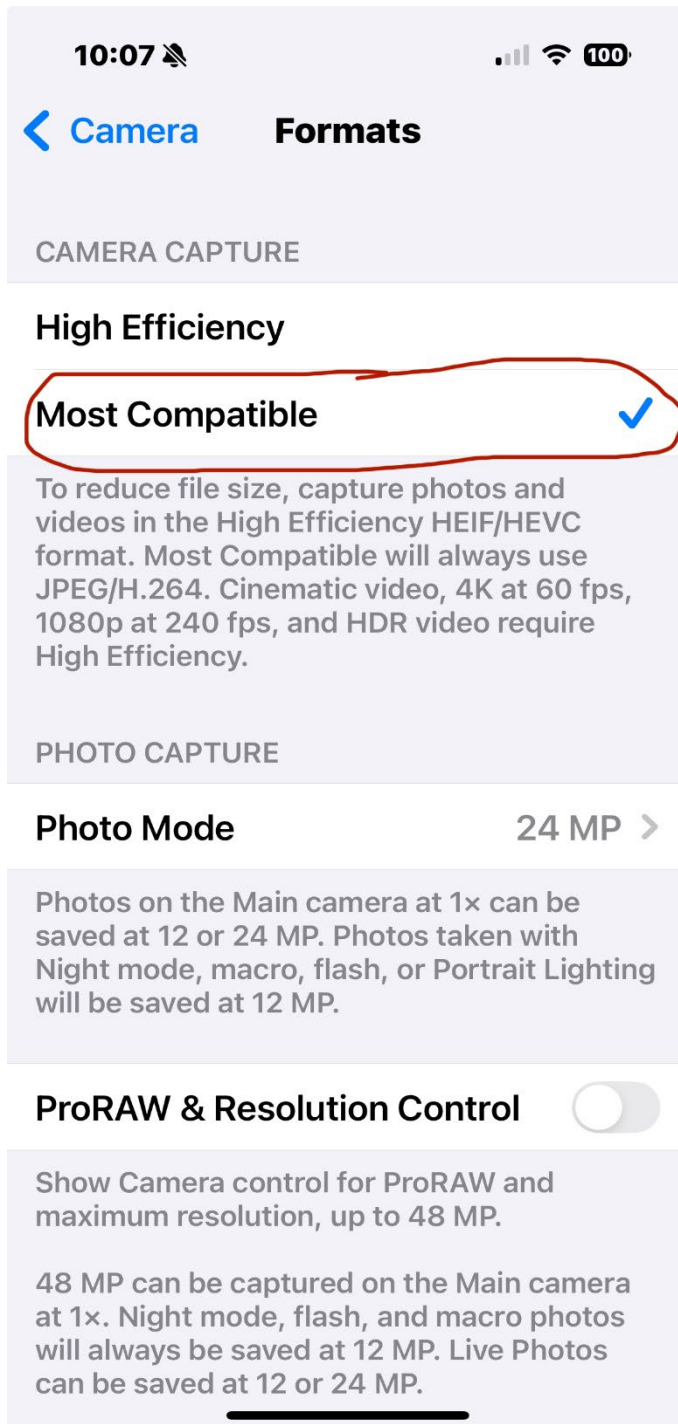
1. **Open the Settings app** on your iPhone.
2. Scroll down and tap **Camera**.



3. Tap **Formats**.



4. Select **Most Compatible**.



Once this setting is enabled, your iPhone will save videos in .mp4 format by default and there is no need for later conversion.